Jérôme Sanchez

PROFESSIONALS & TEAMS · INTERNATIONAL & MULTICULTURAL

Professional Coaching

"Consciousness is naturally the site of an illusion. Its nature is such that it registers effects, yet remains ignorant of their causes." — Gilles Deleuze, *Spinoza: Practical Philosophy*, trans. Robert Hurley

01
WHY

Regaining clarity.

On **what you are looking for**.
On **your place in your environment** and what you can influence.
On **the change** you want to bring about.
And on **the actions** you choose to take.

02
WHO FOR

Professionals who keep building themselves. International and multicultural teams, expatriates, foreigners living in France, French nationals abroad.

Finding your place in the professional world, taking on a first role, broadening your responsibilities, managing remotely, working in an international and multicultural environment: I help you identify your **spheres of control and influence**, and act on them.

03
FRAMEWORK

Safety and a relationship of trust.

A clear, co-created coaching contract.
Confidentiality of our conversations.
Explicit professional ethics:
A practice built and supervised within **Université Paris 8**.

04
WITH WHOM

A dual lens, shaped by life abroad.

Organisations. Years of transformation work in finance, the public sector, agribusiness and startups.

The psyche. Transactional Analysis practitioner, currently training in professional coaching at Université Paris 8.

International. A former expatriate who has lived in several countries, at home in multicultural environments.

Coaching package offered at a **trainee-coach rate** for the duration of my studies at Université Paris 8.

Let's start with a conversation. Book a slot in my calendar:

coaching.jeromesanchez.fr

in/sanchjerome